

SCHEDULE



LEADERSHIP WORKSHOP 2006 Ruskoka Russian Orthodox Youth Camp ORPR Russian Orthodox Youth Camp June 20 – June 23, 2008



Ruskoka Camp, 1312 Colony Rd., Bracebridge, Ontario (705) 645 3783

This schedule is for the Leadership Workshop, to be held at Ruskoka Camp, Ontario, Canada. For more information, in Canada call Alik Sakuta 416-232-0829, or in the USA call Nika Ignatiev 713-667-0610. Note: this schedule is subject to change without notice.

Thursday, June 19th, 2008

9:00pm ORPR group leaves Chicago

Friday, June 20th, 2008

1:00pm ORPR group arrives, Light Lunch

2:00pm Registration, workshop rules, safety, conference binders, and sleeping arrangements

3:00pm Welcome session and introductions

3:30pm Session [RECAP FROM 2007 LEADERSHIP WORKSHOP: Who ?????]

4:15pm Swimming Olympics [US vs. Canada]

5:15pm Change (for church)

5:30pm Session [Choir rehearsal: Galina Belova ??]

6:15pm Dinner

7:00pm Flag lowering

7:15pm Vigil (Fr. Vitcheslav Davidenko)

9:15pm Roundtable Discussion [OUR ROLE AS AN ORTHODOX ROLE MODEL: Fr. Vitcheslav Davidenko]

10:15pm Snack

10:30pm Evening Slideshow: 2007 Review. Slideshow of photos of 2006 and 2007 LW and ORPR Camp and Ruskoka Camp

11:30pm Lights out

Saturday, June 21st, 2008

7:30am Reveille, and wash-up

8:00am Liturgy (Fr. Vitcheslav Davidenko)

10:00am Flag raising, group photo

10:15am Breakfast

11:15am Volleyball tournament [Canada vs. US]

12:00pm Session [PERSONALITY WORKSHOP #1 REVIEW- What color are you really? - Understanding Yourself - (Have you ever wondered why some people think they can never be wrong, why people tend to be outgoing and scattered brained, why some people carry their emotions on their sleeve, or why others are so blunt and sometimes rude? This workshop is going to take a distinct look at yourself and decipher how "colorful" you really are in your communication style.)

1:00pm Lunch

1:45pm Change for Canoe Trip

2:00pm Session [CANOE BASICS: Kelly Kaddatz]

2:30pm Canoe trip to Slater Falls / Swimming / Return

5:00pm Change/Put Away Canoes

5:30pm Workshop [Think Fast! - Quickly solving potentially disastrous situations at camp (Beach/swimming accidents, Youngest camper hurts ankle in the woods, Asst. Cabin Leader is burned during a Bapka, Fight in the "Stolovaya") Using Non-Verbal Communication Between Nachalstvo Members (How to communicate with your Nachalstvo peers using pre-determined hand gestures, Communicating with Nachalstvo without having to yell across the camp grounds)

6:30pm Dinner

7:30pm Flag lowering and evening prayers

7:45pm Roundtable Discussion [Traits of a Camp Leader (An interactive group exercise designed to bring to the forefront the Top 10 leadership traits of a camp leader); Job Description of a Cabin Leader (What are the daily tasks of a Cabin Leader? Do Cabin Leaders know what's expected of them? Does the cabin know what to expect from the Cabin Leader? Creating a Cabin Leader job description utilizing your previous camp experience.)] : Nika I / Alik S

9:00pm Session [Search/Rescue Techniques and Wilderness First Aid. (Learn from an expert how to locate and rescue a camper that's lost in the woods. How to apply basic First-Aid using only items found in nature) Interactive – Kelly Kaddatz]

9:45pm Social Bonfire

11:30pm Lights out

Sunday, June 22nd, 2008

7:30am Reveille, ORPR zaryadka and wash-up

8:15am Flag raising and prayers

8:30am Breakfast

9:15am Mountain bike setup; Ride to Camp Muskoka (9.5km)

10:15am Tour of Camp Muskoka

10:30am Session [WHY KIDS NEED SUMMER CAMP: Guest Speaker - Justinian Creed]

10:45am Ride to Camp Big Canoe (8km)

11:30am Short tour, climbing wall, and light snack

12:15pm Ride back to Ruskoka (3.5km)

12:45pm Lunch

1:30pm Session []

- 2:30pm Swimming (free swim)
- 3:00pm Session [Lifesaving Basics: Alik or Maxine]
- 3:30pm Change
- 3:45pm Session [Getting Everyone Involved in Church (Decorating the church for services, dividing up the church readings between campers, setting up and altar-boy training session and service rotation/schedule, setting up the church choir, keep the church clean)
- 4:45pm Session [PERSONALITY WORKSHOP #2 REVIEW - Decoding the Color Code - Understanding Others - 2 hours ("It's not about you." Sound obnoxious? Maybe...but it's true. In order to be successful and to communicate with other people, you must be willing to walk a mile in their shoes...or at least be willing to try them on. You'll learn how to communicate with just about anyone you meet and begin to develop strategies that will shape your life forever.)]
- 6:30pm Dinner
- 7:30pm Flag lowering and evening prayers
- 8:00pm Session [Marketing Your Camp Year-Round (Organizing social events with campers, church visits, utilizing word-of-mouth advertising, having a full-time photographer): Pawlukowsky/ Alik S]
- 9:30pm Round Table Discussion [I'm the camp director: What would you change if you were the camp director? What do you think is the most important role of camp? What do the kids think is important? Fun? What keep kids coming back year after year?]
- 10:30pm Night games– Tips for keeping night games safe, fair and fun (if time permits)
- 11:15pm SECRET Trivoga!!! Search and Rescue drill/exercise, find a couple of lost kids, kids are by the river, fell from a cliff, need first aid and to be rescued, first aid emergency scenario – Kelly Kaddatz info
- 12:00pm Lights Out

Monday, June 23rd, 2008

- 8:30am Reveille, Ruskoka zaryadka and wash-up
- 9:15am Flag raising and prayers
- 9:30am Breakfast
- 10:30am Hike to the cliff (optional)
- 11:15pm Wash-up/swimming/free time
- 12:00pm Lunch
- 12:45pm Closing remarks, flag lowering, farewells.
- 1:00pm Chicago group departs, camp clean up.

SESSION OUTLINE



LEADERSHIP WORKSHOP 2008 Ruskoka Russian Orthodox Youth Camp ORPR Russian Orthodox Youth Camp

June 20 – June 23, 2008

Ruskoka Camp, 1312 Colony Rd., Bracebridge, Ontario (705) 645 3783



This outline of sessions and roundtable discussions is for the Leadership Workshop, to be held at Ruskoka, Ontario, Canada. For more information, in Canada call Alik Sakuta 416-232-0829, or in the USA call Nika Ignatiev 713-667-0610. Note: this session outline is subject to change without notice.

Sessions: **FROM 2006. THESE NEED TO BE REVISED/CHANGED**

PERKS AND RESPONSIBILITIES [Alik Sakuta]

An introduction into why teens should be interested in becoming a counsellor, what the benefits are, and most importantly, the positive impact they can make on children. A counsellor's job includes health and safety considerations and responsibilities. Things like adequate supervision, swimming, heights and other safety hazards. Helping lifeguards. Camper search and rescue. Drinking water contamination and sources, regulations. Keeping records. Emergency procedure manual. Use of negative and positive motivation.

EFFECTIVE LEADERSHIP TRAINING [Guest Speaker - Beth Allison, Co-director of CAIRN and Glen Mohr Camp]

Make them all feel welcome. Make them feel part of a team. Make sure they understand their purpose. Set your tone for the summer. Teach hard skills, soft skills - creatively. Give them the necessary information, experience and confidence to take care of other people's children. Turn them into professionals. Make sure your returning staff are taking part, leading and learning something new. Lead by example. Sleep. How will you get it all done?

CAMP CHOIR 101 [George Skok]

A practical workshop. Essential morning/evening prayers. Meal prayers. Giving tone. Basics of conducting. How to be a better song leader at bonfires. How to improve camper participation. Organizing skits. Enticing the disinterested. Keeping discipline at choir rehearsals, classes, and bonfires. Running a camp bonfire. Organizing a talent contest. Bring out the best in everyone.

SUCCESS AND CHALLENGES FACING CHURCH CAMPS [Guest Speaker - Bill Stevens, Director Camp Big Canoe, OCA Board Director - Religiously Affiliated Camps] – includes a tour of Camp Big Canoe.

Camp Big Canoe is a United Church camp, with a similar mission and goals to our camps. Bill Stevens will provide his overview of 30 years experience as camp director in running various camp programs at this church camp. Successes and challenges. Bring your questions and concerns.

THE NEEDY CAMPER [Maxine Grande]

Identifying and addressing camper bullying, depression, home sickness, eating disorders. Card games, iPods, cliques, and non-swimmers are infiltrating your camp and interfering with full participation in your programs. How do you handle these situations? How do you educate parents and campers that what they are doing isn't necessarily good for them, the rest of their group or the experience they should be having? Identifying and dealing with sexual harassment. The care and responsibility a counselor has for their campers. Keeping your campers safe physically and emotionally.

Roundtable Discussions:

CAMP LEADERSHIP [Karl Meyer and Alec Pawlukowsky]

What are the makings of a good leader. When and why you lose authority. Friendship vs. control. Other counselor authority issues. How to attract the right campers and counselors. Screening very difficult campers. Developing the promising counselors. Keeping control of problem campers. Keeping the right counselors. Should counselors be paid. Keeping counselors accountable and responsible. What helps in retaining staff and increasing staff return rate.

CAMP AND STAFF STRUCTURES: COMPARE & SHARE [Nikka Pawlukowsky]

An informal discussion period: Camp structures and activities: which work and which don't. Keeping to the schedule. Common camper concerns. Common parent concerns. What to do when a parent calls or comes to camp with unreasonable demands. Each participant is encouraged to present one or more other areas of concern.

LARGE GROUP PROGRAMS AND GAMES [Nick Hantel and Jenya Chabanyuk]

Tired of Capture the Flag? Camps use large group activities to enhance both their programs and each camper's development. Each participant is encouraged to present one or more new ideas and variations on old favorite large group activities. Rain day activities? Simple but effective arts and crafts for all age groups.

PRESERVING THE RUSSIAN LANGUAGE AND CULTURE [Nika Ignatiev]

Preserving the Russian language and culture. Running a bilingual program. Attracting Russian speaking counselors and campers. Camp discipline, for campers and counselors. Leading by example. What makes an excellent leader.

PRESERVING RUSSIAN ORTHODOXY [Bishop Peter of Cleveland and George Skok]

Bishop Peter. Preserving Russian Orthodoxy at camp and throughout the year. Church basics, structure of services. Behavior issues in church. Education of Orthodox values. Participation and involvement of clergy. Use of Church Slavonic vs. English.